#### THE CITIZEN.

#### Del., Lack, and Western R. R. Newark and Bloomfield Branch.

TO NEW YORK. Leave Glenridge-606, 7.17, 7.54, 8.30, 9.17, 10,37, 11.37, a.m., 12.43, 1.48, 3.33, 4.42, 5.27, 6.13, 6.57, 8.18, 9.43, 11.08 p. m. 12.37 a. m. Leave Bloomfield-6.08, 6,49, 7,19, 7,56, \*8,32, 9.19, 10.35, 11.39, a m. 12.46, 1.45, 3.35, 4. 5.29, 6.15, 6.59, 8.20, 9.45, 11.10, p.m., 12.39 a m. Leave Watsessing-6.10, 7.21, 7.58, 9.21, 10.41, 11.41 a.m. 12.49, 1.48, 3.38, 4.46, 5.31, 6.18 7.02, 8.23, . 48, 11. 12 p.m., 12.41 a.m. . Does not stop at Newark.

TROM NEW YORK. Leave Barclay Street-6,30, 7,20, 8,10, 9,30, 10,30 11.20 a m, 12:40, \*1.20, 2.10 3.40, 4.20, 4.50, 5.30, 6.20, Leave Newark for Bloomfield - 6.20, 6.40, 7.15 7 53, 8 43, 10,03, 11,03, 11,53, a m, 1,13, 1,53, 2,44, 4, 13, 5,26, 6,03, 6,53, 7,40, 9,93, 10,38 p m, 12,08 a m "Saturdays only.

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sunday Trains to New York, leave Bloomfield

at 8 08 A M and 7 12 P M.

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Mails Close and	Arrive as Follow	*:
CLOSE:	ARRIVE:	DELIVERY:
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		Postmaster,

# The Reading Habit.

The innate love of reading is some times found in unexpected quarters Imagine the surprise of the librarian of Coventry Free Library when a chimney sweep sends for the first volume of Grote's "History of Greece." Is he justified in putting such a costly book into han is so far from clean? Is there is there any mistake as to the subject? His anxiety is succeeded by relief when in due time the first vol ume is returned without marks of any kind, and by surprise when the secon and each of the twelve in succession i duly taken out and read.

"The true university of these days is a collection of books," and there is no reason why sweeps, like other respectable people, should not graduate in it. Thanks to free libraries, and the greater facilities that now exist for cheap publishing, the whole range of English literature is open to almost any workingman who cares to get it. And we think that the great readers of the next generation will be, not our law yers or doctors, shopkeepers or manu facturers, but the laborer and mechan ic. The former work mainly with their heads, which are too exhausted for reading, and whatever leisure time they have must be devoted to air and exercise. The laborer and mechanic on the contrary, besides being occupied often for much shorter hours, have in their work time taken sufficient bodily exercise, and can therefore give any leisure they have to reading and study.

Book-readers, however, are few a compared with those who read the newspaper. What an instrument of education it is! A nation with many papers and magazines must be well informed; their circulation can almost be taken as an exponent of its intell gence. Not only does a first class journal contain a record of events, but the best thought of the day. What noted man may say to-night to a small audience, to-morrow will be read by millions all over the land. The sub stance of whole volumes is published frequently long before its apperance in book form. Much of the best poetry; romance, biography, criticism, discussion of every subject, and information on every topic appears in our newspapers and magazines, and schol ars and men of science, as well as general readers, must read them or be left behind .- From " Manners Mak yth Man:"

How Men Feed Malaria. "Malaria nothing!" blurted out a noted local physician whose blunt speech is almost as well known as his great professional skill, when he was asked about the prevalence of this popular malady. "Malaria nothing! 'Tisn't malaria that's on the increase in this country. It's lunch houses Thousands of men think that they've got malaria in their systems and rush away to the mountains or take a sea voyage, if they can, and fill themselves full of quinine if they can't. There is nothing in the world the matter with them but an attack of lunch house. I don't believe there is any more imalaria around than there was thirty years ago, when there wasn't an intelligently constructed sewer in the United States. If people would only have as much sense about eating as they had then, there wouldn't be any more com plaint, about malaria. Go into any of theshig lunch houses down town about toon and what do you see ? There is wlong counter, and in front of it, in

uncomfortable, stoop-shouldered positions are a lot of me. They eat-no, gorge as fast as they possibly can, shovelling the food right into their throats like a carter shovels coal into a cellar, and without waiting for any formalities of mastication. And what do they eat? Oyster pies, pork and beans, fried potatoes, fried ham and eggs, clams, beef a la mode, fried hash. doughnuts-grease, spice and indigestible meat. On that they pile hot mince pie, with a crust of sole leather, and pour over it a cup of scalding coffee, strong enough to raise the dead Then they just stop-long enough to light a cigar, and bolt back to work with all that load on their stomachs.

"If a man ate a dinner of cobblestones every day he wouldn't expect to keep healthy very long, would he. Well, this stuff he piles into his stomach is the next thing to cobblestones The healthiest liver in the world couldn't stand that sort of a strain long. Pretty soon it gives out, and then the man begins to feel lassitude and pains in the joints. He has head ache and fevers, and doesn't care very much whether he lives or dies. He puts out his tongue one day before a looking-glass, and it is apparently coated half an inch thick with white furze. That settles it. He is perfectly sure he has got the malaria in his system and wants to sell his house and move his family out to Ringwood, or live in a balloon, while he keeps his head ringing for months at a time with quinine. Pretty soon he thinks he's got heart disease, like enough, or his liver is being consumed, and the chances are that if he isn't rescued he will get to be a hypochrondriac and health crank of the most intolerable sort. He will quarrel with his family, if he has one, and perhaps divorce suits and all kinds of trouble will fol-

"You don't know the amount of misery one of these indigestion mills called lunch houses can cause. I be lieve they are almost as destructive of human happiness as saloons, and I would willingly join in a prohibition crusade against them. The whole system of midday feeding ought to be reformed. If men will persist in eating during the course of business, they should take an hour or an hour and a half to it. They should go to some quiet resort and seat themselves like Christians with some friends with whom they can chat and talk. Then let them eat a very light lunch-a small chop with a piece of dry bread, or something of that sort, giving themselves plenty of time to masticate and going away a trifle hungry. Let them abjure all made dishes, all gravy, piecrust and spice and drink nothing but hot water, and malaria will disappear from this climate in very short order. If these reforms are not carried into effect, the next generation will not only be a nation of dyspeptics, as some body says we are now, but thin-chested, stoop-shouldered, nervous, irascible and weak-livered cranks."

## The Sphinx.

The Sphinx occupies a position where the enroachment of the desert is most consspicuous. At the present day nothing is to be seen of the ani mal except its head and its neck; but the old Egyptian monuments on which it is figured, show not only the entire body down to the paws, but also a large square plinth beneath, covered with ornaments. Since the time of the Greeks, perhaps ever since the raign of Thothmes IV., this plinth has disappeared beneath the sand, and its very existence had been forgotten. It is generally supposed that the Sphinx is hewn out of a large isolated rock, which overlooked the plain. But M. Maspero's researches suggest that it is a work yet more stupendous. He has proved that the Sphinx occupies the centre of an amphitheatre, forming a kind of rocky basin, the upper rim of which is about on a level with the head of the animal. The walls of this amphitheatre, wherever visible, are cut by the hand of man. It seems probable, therefore, that in theb eginning there was a uniform surface of rock, in which an artificial valley has been excavated, so as to leave in the middle a block out of which the Sphinx was finally hewn. The excavations now being carried on will doubtless verify the existence of the plinth shown on the old paintings, and furnish evidence, by the ornamentation of the plinth, of the true age of the monument. M. Maspero is inclined to assign to it a very great antiquity-possibly higher than the early dynasties, i. e., than the first period of Egyptian history. As the result of last winter's work, the sand round the Sphinx has already been lowered by about thirty

with the King of Spain. The stern old sailor bowed his head a moment at the table to ask divine blessing: The king looked up in surprise: " thought only missionaries did that!" "Sire," answered the admiral. "Every Christian is a Missionary."

Admiral Foote was invited to dine

How an American Lady Met

A Boston lady who has just returned from abroad tells a very amusing story of how a lady of the American legation in Paris paid her respects to Ouida. Mrs. Bigelow was in Florence. She desired to see Ouida. With Mrs. Bigelow to desire to do a thing is but one step from doing it. She, therefore, drove out to Ouida's and presented herself in her usual emphatic way at the door. She was shown into reception room, and in a very loud voice said to the valet: "Would you tell M'lle de la Ramee, that Mrs. John Bigelow of New York would like to speak with her.

Hardly had the message been given when a voice from the next room was heard in tones equally loud to reply: Tell Mrs. John Bigelow, of New York, that I don't want to see her or any other American. I don't like them.

Mrs. Bigelow rose and answered the invisible larly of the house with "You ought to be ashamed of youself We're the only fools that read your nasty books, anyway."

In another moment the two well matched women were face to face; and in half an hour the novelist was urging her American caller to become her

"Do come and stay a month with me," she urged. "I should so enjoy studying your character."

"Twould do you good," was Mrs Bigelow's quick response; vou don't seem to have known any decent

#### What Pleased Her Most.

A damsel from the west had the good fortune to marry a young ranchman who had suddenly become rich. A bridal tour of all the large eastern cities was planned and away they went. jubilantly happy. On their return the bride was ask

ed if she enjoyed herself. "Well, I should smile," was the

positive reply. "What did you think of Niagara

lidn't care much for them." "How did you like Washington?"

"Oh, they were real nice, but I

"Oh, just tolable. The Capitol was pretty fine, but I don't take much stock in such things." "Did you go to New York?"

Yes, we dawdled 'round there week, and got tired of it. Brooklyn bridge was a good deal of a show, but I didn't see anything else I cared for much." "Well, now, do tell me what did you see that you'd like to see most

anything else?" The young bride's face brightened visibly, her eyes twinkled joyfully as ehe said.

again! What pleased you more than

"Well, when we was in Chicago we went to see a dime museum, and we see there a calf with two heads and two tails. It was born that way. I tell you, it beat anything we ever heard of. John and me, we've both said many a time since that we'd ruther see that calf agin than all Washington and New York and Niagry Falls put together. It just beat all !"-De troit Free Press.

## Seeing The Queen.

A brilliant company was assembled waiting her majesty. At last there was commotion, and I supposed the queen was coming. I looked earnestly for some appearance of loyalty, but saw only a stout, elderly lady, whose self and toilet would have made a good caricature for Punch as "The British Matron Abroad." She was very short, both of stature and of breath; her face was red and cross. Her toilet consisted of a large, gaily plaided poplin, so short in the skirt as to expose a pair of heavy walking shoes. A long, loose velvet sacque fitted so tightly over the full dress that it gave the wearen a barrel-like appearance; and a dark green hat of uncut velvet, its plumage raggled by rain and blown by the wind, was worn by a head that did not suggest familiarity with the crown but the finishing blemish was a huge muff of royal ermine suspended round the lady's fair neck by a cord, and which, not being in use, wobbled helplesely back and forth over her wellrounded body.

" Who is that funny, fussy woman? asked laughingly of my naval escort, British officer. "Good heavens, madame!" said he, in a low voice, that is our gracious sovereign!" For a moment I was speechless, but not half convinced, until I noticed that all the gentlemen were standing, hats off, and a fine looking man, whom I recognized as Prince Albert, joined the lady in plaid, also standing uncovered. The day was cold, bleak and cheerless; the wind whistled round us, great rain drops fell. I really felt my first gleam of admiration for her Britannic Majesty when she ordered the gentlemen present, including her husband, to put

None preaches better than the ant, and she says nothing.

on their hats. - Cleveland Leader.

### PERSONALITY.

Our personality inviolate, So sacred, awful and mysterious, Bound in the enigmatic house of fate-Who is there shall unber the door for us? The mother holds her child close to her knee; Ales! for the deceptive dream of speech, For in the soul's dim fastnemes doth each from each one dwell apart as if a sea Ran leagues between them! Naked and alone We come into the world. Our sole appeal is our great father Time, with lips of stone-God's one true prophet shall all things reveal.

—Joseph Dans Miller in Boston Transcript.

WHO FIRST DISCOVERED GOLD! California Woman Gives the Credit John Denton.

The closing days of 1846 presented far different scene to the eyes of Mrs. John M. Murphy, of San Jose, and sister of Mrs. Lewis than the closing days of 1886. Then she was at Donner lake with a party hemmed in by snow and anxiously waiting for the relief which did not come for weeks afterward. "It is a curious fact," she began, "that

the credit of the gold discovery was never given to the man to whom it rightfully belongs. It was discovered in the winter of '46 and '47 in a cabin in which we were at Donner lake, seated by a fire, each busy with his or her own thoughts. That awful time at Donner lake is as firmly imbedded in my memory as if hammered there by hammers of iron. As I said, we were seated around the fire when John Denton, a gunsmith by trade, while knocking off chips of the rocks on which the wood was placed, saw something shining. He examined it and pronounced it gold. He then knocked off more chips from the rocks, and hunted in the ashes for more of the shining particles, until he had gathered a tablespoonful. He wrapped the gold in a piece of buckskin and put it in his pocket. When the first relief party came he went out with it, but died on the way, and the gold was buried with him. When I saw my father, Mr. Reed, I told him of the circumstance, and, says he, 'If John Denton says that that is gold, it is gold, for he knows.' My father intended to go back to Donner lake to search for the precious metal, but before he started gold was discovered at Sutter's fort, hence he did not return to the lake. 1 think that if a thorough search is made gold can be found at the present day at the lake or near it. Not much gold has since been found there, because no regu-

lar prospect has been made for it. "I have been told that the rocks which we used in the fireplace were washed down to the lake from a mountain, in which gold was, but this mountain was

probably many miles away from the When any one asks me about the discovery of gold, I say that John Denton

was the first discoverer of gold in California."-Santa Cruz Sentinel.

### Risks of the Ranch.

There is one subject for the consideration of the many young men who wish to embark in the cattle business that is but too seldom presented to them, and which they never seem to think of themselves, and that is the value of their individual time. If a man is the possessor of a small capital—say \$5,000, he will figure on realizing a certain per cent., which in most cases, by the way, will prove fictitious. But he doesn't stop to reflect that, since all of his time must be given to make a success of the project. it is only right that he should take into account the actual value of his services at home. For example, \$5,000 at 20 per cent. is \$1,000. Now, it is an open question if a salary just as large as this amount cannot be earned by the average man who gives the same devotion to his work as that necessitated by successful stock raising. If so, the \$5,000 still remains to him to place in some perfectly safe investment at 6 per cent. yielding \$300 annually. Of course the ranch fever has somewhat abated, but I think the suggestion still holds good as one of vital importance to all who would "Go West."

Wrinkles in the Face. While wrinkles result from the natural working of the system, they may also be caused by a perverted condition of the system, as are pimples, blotches and boils. Now the human face—unlike that of brutes-was meant to be the "mirror of the mind," the visible expression of every passion, emotion and inmost feeling. Herein is its chief beauty. Hence its numerous muscles and nerves, whereby it is so wonderfully adjusted to this end. But muscles in constant or frequent exercise increase in volume, strength and readiness of action.

Hence habits of thought and feeling become stamped on the face, and we read so easily the character of the proud, the vain, the deceitful and the sensual man, or of the kind, the calm, the energetic, the frank, the candid and the hones

But there is nothing like care and vorriment to plow furrows in the forehead, and these are badly marring the faces of our American women. We pass in the streets women of 35 whose foreheads are more wrinkled than the brow should be at 70. Some of these may not have more cares than others, but they unnecessarily yield to the tendency to express them in the face.—Youth's

Heredity and Environment.

The effect of heredity and environmen on character and conduct should be carefully studied by those who aspire to the work of philanthropists. It will be depressing at first; it will make humanity seem like clay in the hands of inexorable and remorseless forces; but it will save an immense waste of time and effort and means, and, by and by, the depression will change to hope, as it is seen that the same law that necessitates degenerations under certain conditions, under others works regenerations.—Amory H. Bradford in Andover Review.

## The Public Library.

Fiction stalks about and talks to every one, pushing history and the Muses aside at pleasure. Notice what the people at Cincinnati read at the public library: Theology, 117 volumes; philosophy and education, 267 volumes; biography, 563 volumes: history, 995 volumes; geography and travel, 479 volumes; politics and commerce, 210 volumes; science and art, 762; poetry and drama, 864; fiction, 13,000; polygraphy, 535.—Christian at Work.

Learning Without Study. The acquisition of learning without study is like the acquisition of wealth without labor. It is as necessary for the mechanic to study out his problem when it comes to him to be studied as it is for him to finish his task by his handicraft.

#### -Scientific American. A Work for Somebody.

Inquiries concerning how the masses live: concerning sanitary conditions and heir relation to the virtue and vice of the people; oncerning the causes of pau erism and crime, have seldom been start d by professional reformers. - Andover Ro-Tier

Girls read too much and think too little I will answer for it that there are few girls of eighteen who have not read more books than I have, and as to religious books. I could count on my fingers in two minutes all I ever read but they are mine. I never knew but one or two fast readers and readers of many books whose knowledge was worth anything. Miss Martineau says of herself, that she is the slowest of readers, sometimes a page in an hour, but then what she reads she makes her own. Comte, one of the most profound thinkers in Europe, said that he had read an incredibly small number of books and scarcely ever a review but what Comte reads lies there fructifying, and comes out a living tree, with leaves and fruit. That multifari ous reading weakens the mind more than doing nothing, for it becomes a necessity at last, like smoking, and is an excuse for the mind to lie dormant. whilst thought is poured in and runs through, a clear stream, over unproductive gravel on which not even moss es grow. It is the idlest of all idlenesses, and leaves more impotency than any other. Read hard or not at

Amusements.

all-never skimming-never turning

aside to merely inviting books, and

the deep thoughts of great minds will

pass like the iron atoms of the blood

into your mental constitution. - Fred-

erick Robertson.

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—Between Mary Alice Roach, complainant,
and Charles Callin and others, defendants. In par-By virtue of a decree of sale made in the above

stated cause, bearing date the thirtieth day of October, eighteen hundred and eighty-six, directing me. Andrew Kirkpatrick, one of the Special Masters of the said Court of Chancery, I will ex-Thorough instruction in Drawing from pose for sale by public vendue, on the remises, on Molday, the fourtee th day of March Cast, Still Life, Sketching from Nature and Portraiture, Mineral, next, between the hours of twelve o'clock noon and five o'clock in the afternoon, to wit: At two o'clock in the afternoon of said day all that tract or parcel of land and premises situate. lying and being in the township of Bloomfield, in the county of Ess x and State of New Jersey, bounded and Oil and Water Colors. All branches of decorative art. Year begins September described as follows: Beginning in the west line of the road leading from Bloomfield to Stone House Plains, at the northwest corner of the tract of land allotted to Mrs. Bridget Callin as a portion of her dower interest in the real es ate of James Callin, decrared: from thence running (1) along her line north fifty-six and one half decrees west one hundred and ten feet; thence (2) still along her land south thirty-three and one-half degrees west sixty-seven feet and eight inches to the nor herly line of land late of Robert M. Hening; thence (3) Business College. along his line north forty-tour degrees and thirty angle in said line; thence (4) still along the same north seventy-two degrees thirty-seven minutes west five hundred and twenty-eight feet; thence (5) still along the same north seventy-nine degrees forty minutes west seventy-six feet; thence (6) til NEW TERM! NEW TERM! DAY AND EVENalong the same north seventy-two degrees fort-five minutes west about eight hondred and sixty five feet to the east line of Ridge cood average; thence (7) along the east line of Ridgewood average ING SESSIONS. Penmanship, Book-keeping Ar thnetic, Correspondence, Spelling, etc. German \$1 per month, Shorthand \$5 for 3 months, Type-writnorth twenty-four degrees ten minutes east two hundred and sixty feet to the south line of la d o merly of William Parsons; thence (8) along his line south seventy two and one half degree east about seventeen hundred feet to the west side of the said Pater-on road ; thence (9) along said line of said road south thirty-three and one-half de grees west two hundred and fitty-eight teet to the place of beginning. Containing none and three-quarter acres of land, be the same more or less.

> or in anywise appertaining.
>
> Dated November 19, 1886.
>
> ANDREW KIRKPATRICK, Special Master. HALSEY M. BARRETT, Solr.

Cogether with all and singular the hereditaments

and appurtenances to the said premises belonging

Dated Dec. 29, 1886.

TOTICE OF SETTLEMENT. Notice is hereby given that the Accounts of the Subscriber, Administratrix of Charles C. Graves, deceased, will be audited and stated by the Surrogate and reported for settlement to the Orphanr' Court of the County of Essex, on Monday, the seventh day of March next.

ELIZABETH GRAVES.

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